## **How We Talk: A Discussion About Communication**

Lessons On Communication From The Life Of Jesus

*Matthew 12:38-40* ~ Grace Church of Lockeford ~ Bible Study

SESSION 7:	
Your	
A vital part of communication and Christ-like living is having healthy boundaries.	
<u>Matthew 12:38-40</u>	
Boundaries Our Boundaries Must Be Biblical	
Our Boundaries Must Be Practical	
Our Boundaries Must Be Helpful	

Boundaries
Communicate Boundaries At The Proper Opportunity
Communicate Boundaries With Clarity
Communicate Boundaries With Grace
Boundaries
Boundaries Increase Connection
Boundaries Bring Freedom
CHALLENGE: What steps do I need to take to form healthy boundaries?