



# A Sound Mind

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12/27/20

*2 Timothy 1:3-7*

Grace Church of Lockeford

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## Introduction

We need the proper mindset to endure trials.

That proper mindset comes from having a sound mind.

From this passage we learn three requirements for a sound mind.

When we have a sound mind we can endure difficulty with our eyes on Jesus.

### 1. \_\_\_\_\_ Your Foundation vv. 3-5

a. \_\_\_\_\_ foundation vv. 3-4

A growing walk with Christ is a \_\_\_\_\_ foundation.

b. \_\_\_\_\_ foundation v. 5

**Faith is \_\_\_\_\_ for a firm foundation.**

c. \_\_\_\_\_ foundation vv. 3-5

[James 1:2-4](#)

**A firm foundation is \_\_\_\_\_ by hard work.**

**2. Use Your \_\_\_\_\_ v. 6**

a. You \_\_\_\_\_ a gift v. 6

[1 Corinthians 12:7, 11](#)

**A gift must be identified to be \_\_\_\_\_.**

b. Gifts have \_\_\_\_\_ v. 6

Stir up – ἀναζωπυρέω (anazōpyreō)

[Romans 12:4-8](#)

**If you want a sound mind, start \_\_\_\_\_.**

**3. \_\_\_\_\_ God's Provision v. 7**

a. \_\_\_\_\_ what God denies v. 7a

[1 John 4:18](#)

**Fear is eliminated when we love God and \_\_\_\_\_ in Him.**

b. \_\_\_\_\_ what God supplies v. 7b

**God has given everything necessary for \_\_\_\_\_.**

## **Conclusion**

**COMMITMENT:**

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Develop a vibrant spiritual life of service.

Talents, abilities, and gifts are given for the purposes of Christ.

Reject fear, embrace power, love, and a sound mind.

May our foundation be firm, our gifts be used, and may power, love, and a sound mind \_\_\_\_\_ our lives.